



**California Rare Fruit Growers – Central Coast Chapter**

**November 2019 Newsletter**

**by Lori Bright**

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**November 9th, 2019: Carol and Robert Scott's Garden**

A most fantabulous day for a Rare Fruit Grower! We met today at Robert and Carol Scott's on The Mesa.



*Carol and Robert answer questions about their property. An example of Carol's artwork is in the background.*

The Scott's have lived in their home for 42 years and have obviously used that time - as an enthusiastic RFG would - to grow every fruit they could get their hands on. They didn't stop there though, they also have a plethora of Proteaceae and succulents.

Being artists (both of them), their yard is adorned with quirky, fun and ornate pieces of garden art.



*Carol crafts her artwork from items found at yard sales and swap meets.*



*Robert has developed mad welding skills from former occupations.*



*More of Carol's artwork.*

We started our meeting with Alisha thanking Tucker for helping with meetings while Alisha was unavailable. Tucker has done a wonderful job but it's great to see you too Alisha!

Does anybody want to host a meeting at their home? We're open to ideas.

Next meeting will be our Pot Luck at the P G and E Center. To be held at Noon on Dec 14. Bring a dish and any plants for our raffle.

Sheri asks that if you haven't yet, come visit [our Facebook page](#).  It's a lovely page: come join, share, learn and inform others.



*There are a plethora of trees anywhere you look on the Scott's property. In this view alone lie a multi-grafted apple, asian pear, eugenia, cherry of the Rio Grand, and a Russian variety of manderin.*

The Scott's property is 2.4 acres and it is chalk full of amazing plants. The Scott's are big proponents of growing their plants from seed, simply amazing! I have made an effort to list many of the edibles. Though this list isn't "All Inclusive", you'll get the idea of just how incredible their place is. Bear with me while I try to list them in a nomenclature that could be understood by everybody. I'll first list Genus, species then Common Names and ultimately cultivar names or just "Many" meaning several cultivars or seedlings. These are in no special order, so maybe use your imagination and visualize yourself walking through their garden as you read.

<b>Genus Species</b>	<b>Common Name</b>	<b>Cultivar Names (or "Many" if several cultivars or seedlings)</b>
Eugenia uniflora	<b>Pitanga, Surinam Cherry</b>	Vermillion and more...
Pouteria lucuma	<b>Lucuma</b>	
Garcinia, several species	<b>Loquat</b>	Big Jim and seedings
Clausena excavata	<b>Pink Wampee</b>	
Clausena sp	<b>Cinnamon Wampee</b>	
Eugenia aggregata	<b>Cherry of the Rio Grand</b>	
Plinia cauliflora	<b>Jaboticaba</b>	Several
Casimiroa edulis	<b>White Sapote</b>	Vernon
Casimiroa tetramera	<b>Wooly leaved Sapote</b>	
Casimiroa pringlei		
Pouteria sapota	<b>Mamey Sapote</b>	
Mespilus germanica	<b>Medlar</b>	Breda
Morus alba		Several
Morus nigra		Several
Ficus carica	<b>Fig Tree</b>	Over a dozen cultivars
Murraya koenigii	<b>Curry Tree</b>	
Juglans regia	<b>Walnut Tree</b>	Seedlings and Carmelo
Psidium	<b>Tropical Guava</b>	Several with one called "Orange"

guajava		by some Old-timers
Psidium catteyanum	<b>Strawberry Guava</b>	
Psidium catteyanum littorale	<b>Lemon or Yellow Guava</b>	
Feijoa sellowiana	<b>Pineapple Guava</b>	
Asimina triloba	<b>Pawpaw</b>	Sunflower, Mango and Seedlings
Maclura tricuspidata	<b>Che Fruit Tree</b>	A pollinating pair
Eugenia brasiliensis	<b>Grumichamba</b>	
Myrcianthes pungens	<b>Guabiju</b>	
Elaeagnus philippinensis	<b>Lingaro</b>	
Gleditsia triacanthos	<b>Honey Locust</b>	
Butia capitata	<b>Jelly Palm</b>	
Bunchosia argentea	<b>Peanut Butter Fruit Tree</b>	
Pimenta dioica	<b>Allspice</b>	
Compomanesia phaca	<b>Flying Saucer Fruit Tree</b>	
Syzygium jambolanum	<b>Jambolan</b>	
Dovyalis caffra	<b>Kei Apple</b>	
Annona cherimola	<b>Cherimoya</b>	Many
Olea europaea	<b>Fruiting Olive Tree</b>	Pendolino
Macadamia integrifolia	<b>Macadamia Nut Tree</b>	
Diospyros virginiana	<b>American Persimmon</b>	
Diospyros texana	<b>Texas Persimmon</b>	
Diospyros kaki	<b>Japanese Persimmon or Kaki</b>	
Punica granatum	<b>Pomegranate</b>	Several including a Scott's original named "Blond Azure"
Persea	<b>Avocado</b>	Many



*A Breda Giant Medlar.*



*Robert offers a dish of Paw-Paws from the Scott's trees.*



*Known as Umkokolo in Africa, this*

*Kei apple tree has round, yellow, sour fruit. We found they were much too sour for some, tasty to others. Here, Robert points out its 2" thorns.*



*A tree provides the trellis for this healthy Dragon Fruit plant.*



*The Scott's vegetable bed.*



*These beautiful Chinese Mulberries were brought by Gabrielle from her home tree.*



*After having tasted the delicious Chinese Mulberries before the meeting, everyone raced toward this tree when we saw it in the Scott's yard.*

As you might guess they also have a Citrus collection including Cara Cara Orange, Lisbon Lemons, two pummelo crosses called "Cocktail" and Poorman's Orange, Owari Mandarins. They have Apples, Pears, Asian Pears, Plums, Pluots, Peaches and I'm sure I missed many. As for smaller fruit-bearing plants, they have Solanum muricatum - Pepino Dulce, Vanilla planifolia - Vanilla Bean Orchid, Ananas comosus - Pineapple, Lycium barbarum - Goji Berry, Capparis spinosa - Capper plant and so much more....



As for Pearls of Wisdom:

The Scott's share that if they buy trees, they buy from [Burnt Ridge Nursery and Orchards](#).

They purchase their cool gopher traps from [Trapline Products](#).

They have horse poop delivered weekly and use every bit that they can get their hands on.

They collect seeds and grow incredible plants. Robert says that it's All about Patience.



*Trapline stainless steel gopher traps helped the Scotts catch 107 gophers this year so far!*



*Tags from a variety of apples hang down from the limbs of this tree. All trees are nourished with local horse poop, delivered every Monday.*



*Espaliered, grafted pluots include Dapple Dandy and Supreme. The limbs are cut in the spring when they get 1 foot long so that fruiting spurs will grow. Robert says he doesn't recommend espaliering pluots because of their vigorous growth.*

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**CRFG Booth at Arbor Day, Saturday, November 2nd, 10-noon.**



*Tucker, Marv, Alisha, and Seth manning the CRFG Central Coast Chapter booth. Photo by Joe Sabol.*

The CRFG Central Coast Chapter was represented at the San Luis Obispo Arbor Day festival.

Joe brought Dragon Fruit cuttings, Marv brought the sign as well as a

carload of plants to sell, pineapple guava fruit, a pop-up and grafting tools. Manny brought plants to Marv to sell, and Tucker brought trees to sell. Seth brought tables and some plants to sell.

Thank you CRFG volunteers!

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### **Orchard Work Day: October 26, 2019**



*Today's rockstars:*

*Front row: Maggie, Jessie, Henry, Lucy, Mike*

*Back row: Manny, Tucker, Seth, Pet, Marv, Frank, Christine, Lyn, Joe, Drina, Mark, Jenny*

Eighteen people showed up and knocked out all the work by 11am! Weeds whacked, fallen tree signs rehung, broken drip emitters repaired or replaced, area under sycamore tree cleaned up and trash removed! Jujubes, Pettingill and Red Fuji apples, and a few asian pears were ripe and enjoyed!

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### **Donations of Apple Trees Grafted by Marv Daniels and Tucker Schmidt**



*Tucker and Marv*

CRFG is well represented by Central Coast members Marv Daniels and Tucker Schmidt. They grafted apple scions to one hundred root stock this year alone, and then gave the trees away to organizations they wanted to support. They paid for the rootstock, acquired the containers and potting mix, grafted, planted, fertilized, watered and then cared for these trees to donate them to organizations around the county!

A list of organizations that received grafted apple trees so far this year:

- 4H Field Day
- Academy Travel School
- Afternoon of Epicurean Delights
- Arroyo Grande Village Summer
- Big Brothers Big Sisters of San Luis Obispo County
- Canzona Woman's Voice
- Central Coast Aquarium
- Central Coast Railroad Festival
- Center for Creative Thought
- ECOSLO
- El Camino Homeless Organization
- Fort Hope
- GleanSLO
- Hi Mt. Lookout
- Jubilee By the Sea
- Noor Foundation
- Opera San Luis Obispo
- Pacific Repertory Opera
- Senior Nutrition Program of San Luis Obispo County
- SLO Co, Golden Retrievers
- SLOCASA
- Sr. Volunteer Services
- Taste & See - St. Patrick's School
- Vineyard Dog Park
- Wellness Kitchen

Thank you Marv and Tucker!!!

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### **Website Updates**

- The [About](#) page has been updated with [2019 Scholarship](#) information.
  - The [Orchard History](#) page has been updated with [June 29, 2019 Work Day](#) and [October 26, 2019 Work Day](#) information.
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### **EcoSlo Guided Hikes**

Alisha provides us with this list of free, local, docent-led hikes from EcoSlo. She says, "For CRFG members needing to take a break from weeding and harvesting and canning the fruits of their labor, here is a fun way to get out and about on some guided hikes in the SLO area."



## FREE GUIDED HIKE SCHEDULE Fall 2019

*Join a volunteer docent on an educational hike. Hikes are family-friendly. See you on the trails!*

Date	Time*	Docent	Location
Sunday, October 6	8am-Noon	Adam	Reservoir Canyon
Sunday, October 13	1pm-3pm	SLO City Ranger	Reservoir Canyon - to meadow boardwalk only
Sunday, October 20	8:30am-11am	Annie	Cerro San Luis - Leman Grove Loop
Sunday, October 20	1pm-5pm	Sally	Reservoir Canyon
Sunday, October 27	9am-11am	Chris	Bishop Peak - Felsman Loop (Patricia St. Trailhead)
Saturday, November 9	1pm-5pm	Sally	Reservoir Canyon
Sunday, November 10	8am-11am	Adam	Stenner Creek
Sunday, November 17	9am-11am	SLO City Ranger	Irish Hills - Blue Loop (Madonna Rd. Trailhead)
Sunday, November 24	9am-10:30am	Chris	Islay Hill (Sweet Bay trailhead)
Sunday, December 15	1pm-4pm	SLO City Ranger	Bishop Peak - Orange Loop (Patricia St. Trailhead)

\*End times are approximate and dependent on the pace of the group.

**Wear proper hiking gear, bring water and a snack.**

**For directions and to learn more, contact ECOSLO:**

hike@ecoslo.org (805) 544-1777 www.ecoslo.org

A collaboration of the City of SLO & ECOSLO:

**SLO STEWARDS**